

Lunchtime Menu

Served Monday _ Saturday 12 ~ 2.30pm Restricted Menu Sundays 12 – 4pm

Sandwiches & Baguettes

Sandy	vich	Baguette
Mature Cheddar Cheese, Lettuce & Tomato (v)	£3.75	£4.50
Honey Roast Ham & Tomato	£3.75	£4.50
Roast Beef, & Horseradish Mayo	£3.75	£4.50
Tuna Mayonnaise & Cucumber	£3.75	£4.50
Roasted Red Pepper, Feta & Hummus (v)	£3.75	£4.50
Prawn, Crisp Lettuce & Marie Rose	£4.50	£4.95
Smoked Salmon & Cucumber	£4.50	£4.95
Bacon, Brie & Cranbury		£4.95
Sausage & Caramelized Red Onion		£4.95
Smoked Salmon & Prawn		£5.50
All Sandwiches are served on White or Wholes	neal Breac	1

Served with Salad & Homemade Coleslaw

<u>Wraps</u>

Southern Fried Chicken	£4.95
Sweet Chilli Chicken	£4.95
Pulled Turkey & BBQ Sauce	£4.95
BLT & Mayonnaise	£4.95
Roasted Red Pepper, Feta & Hummus (v)	£4.95
Mediterranean Vegetables & Pesto (v)	£4.95
All Wraps are served with	
Salad & Homemade Coleslaw	

Jacket Potatoes

Baked Beans (v)	£4.50
Mature Cheddar Cheese (v)	£4.50
Tuna Mayonnaise	£4.50
Prawn & Marie Rose Sauce	£5.50
Jacket Potatoes are served with	

Salad & Homemade Coleslaw

Salads

Grilled Chicken Caesar Salad	£7.50
Char Grilled Chicken Breast & Bacon.	
Served with Crisp Lettuce, Cucumber, Tomatoes, Peppers, Onion,	
Homemade Coleslaw with Caesar Dressing and Shaved Parmesan.	
Ploughman's Lunch	£7.50
Honey Roasted Gammon Ham, Mature Cheddar Cheese and Pate.	

Served with a Crispy Salad, Sliced Baguette & Chutney

Smoked Salmon & Prawn Salad Succulent Atlantic Prawns and Smoked Salmon.

Served with Crisp Lettuce. Tomatoes, Cucumber,

Peppers & Onion, Homemade Coleslaw with Rose Marie Sauce

Falafel Salad (v)

£8.50 Balls of Puree Chick Peas with Fresh Herbs and Spices. Served on a Dressed Salad of Lettuce, Tomatoes, Cucumber, Onion & Coleslaw with Feta & Creamy Hummus

Old Favourites

Steak & Ale Pie, Mash & Vegetables			£9.95
Vegetable Lasagne, Sweet Potato Chips & Garlic Bread			£8.95
Breaded Wholetail Scampi,	Chips & Peas	3	£8.95
Beer Battered Cod Chips & I	Peas		£8.95
Sausage, Mash, Peas & Grav	<i>y</i> y		£7.95
Gammon Ham, Fried Egg, Chips & Peas			£7.95
New for this Season Scrambled Eggs & Smoked Salmon on Toast Turkey Curry, Boiled Rice & Poppadom Falafel Burger. Served with Sweet Potato Chips Southern Fried Chicken Burger, Chips & Mayo			£7.95 £7.95 £9.95 £9.95
Omelettes Mushroom (v) Ham	£5.50 £5.50	Cheese (v) Prawn	£5.50 £6.50

All Omelette's are made with 3 eggs are served with Chips, Salad & Homemade Coleslaw

Lite Rites

£8.50

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Portion of Chips	£1.95	Portion Sweet Potato Chips	£2.50
Cheesy Chips	£2.95	Cheesy Sweet Potato Chips	£3.50
Crispy Sweet Chilli Beef Served on a bed of Noodles			
Nachos with Mexican Salsa Sauce & Melted Cheese			
Channe Caulia Burad & Bad Outan Charterer			C4 F0
Cheesy Garlic Bread & Red Onion Chutney			£4.50
Tomato & Garlic Bruschetta			£4.25
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Battered Onion Rings with Garlic Mayo Dip			£2.50
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